

Elementary School Cafeteria Guidelines

Everyone at ISL is encouraged to follow a healthy, well-balanced food plan and parents are strongly encouraged to send in healthy snacks and lunches from home. The hot lunches are healthy, low in salt and low in sugar.

Refrain from bringing in sodas, sugary drinks, candy or other unhealthy items.
Parents must sign up for a hot school lunch from our website.
Parents must label any food ingredients when providing food for classroom parties.
All bake sales (by Student Council, PTO) must be approved by the Principal and School Nurse.

All food and drink (except water bottles) is to be consumed in the Cafeteria during designated times only.

Students are only allowed to purchase food/drinks either before school (8:00 - 8:25am) or after school (15:30 - 15:50).
Teachers should not be rewarding students with food or candy.

We are respectful of all school rules associated with the use of the cafeteria, respect cafeteria support staff, property and help to keep it clean.

Students should remain seated while eating lunch with conversation at a respectable level. Preschool - Grade 3 will have lunch set on the table; Grades 4-5 may serve themselves from the hot buffet.
Grades 2 - 5 are expected to clean up after themselves using the cleaning stations.
Pre-G1 may stack dirty dishes on table.
Students should not share food with others, as they may have a food allergy.

Everyone is encouraged to limit food waste and to recycle whenever possible.

Students are expected to finish their lunch before receiving any "second" portions. Seconds will be served by the Cafeteria staff for Pre-G3.
Students are expected to have their own water bottles at school that they can refill when necessary. There are no "take-away" cups for purchase.

***If you have any questions regarding these guidelines,
please speak with your Elementary School Principal.***